

BOB ICB and Frimley ICB Priorities Committee Clinical Commissioning Policy Statement

Policy Number/ Name	BOBFPC71 – Treatment Pathway for Adults with Attention Deficit Hyperactivity Disorder (ADHD)
Date of BOB ICB Adoption	March 2024

Buckinghamshire, Oxfordshire, and Berkshire West ICB and Frimley ICB Priorities Committee has considered the evidence for attention deficit hyperactivity disorder (ADHD) in adults. Symptoms of ADHD may coexist or overlap with symptoms of other mental health disorders. Providing care within general adult mental health services facilitates full assessment including consideration of differential diagnoses and is likely to optimise management of any comorbidity.

Adult mental health services should offer transitional arrangements for young people moving out of Child and Adolescent Mental Health Service (CAMHS) who still require assessment and treatment for ADHD symptoms. They should also be able to offer assessment, diagnosis and treatment to adults who were not diagnosed with ADHD in childhood and for those who have ‘fallen out’ of contact with services after previous diagnosis and treatment.

Adults with symptoms of ADHD should be referred for assessment by a mental health specialist trained in the diagnosis and treatment of ADHD:

- Where there is evidence of moderate or severe psychological, social and/or educational or occupational impairment

AND

- In accordance with local shared care arrangements

Where the diagnosis of ADHD has been given abroad, [the patient must satisfy NHS diagnostic criteria in order to access NHS treatment](#). The NHS will support the patient to do so.

Where a diagnosis of ADHD has been given in private clinical practice, this policy should be considered in conjunction with **BOBFPC35**.

NOTES:

- Potentially exceptional circumstances may be considered by a patient's ICB where there is evidence of significant health status impairment (e.g. inability to perform activities of daily living) and there is evidence that the intervention sought would improve the individual's health status.
- This policy was developed and recommended by Thames Valley Priorities Committee which was the predecessor of Buckinghamshire, Oxfordshire, and Berkshire West ICB and Frimley ICB Priorities Committee.
- This policy will be reviewed in the light of new evidence or new national guidance, e.g., from NICE.
- BOBFPC clinical policies can be viewed at [Clinical Commissioning Policy Statements & IFRs | BOB ICB](#)

Recommendation made by TVPC	September 2017
Date adopted and issued by OCCG	August 2010 August 2016 Updated February 2018
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